



Long Branch High School
 "Where Children Matter Most"
January 2019



HOME OF THE GREEN WAVE

<p>January 2-3-4</p>	<p>Fruit & Granola Parfait Chicken Caesar Salad w/ Dinner Roll Crazy Cheese Cube Bento Box Triple Decker Peanut & Jelly Italian Sub</p>
<p>January 7-8-9-10-11</p>	<p>Fruit & Granola Parfait Buffalo Chicken Salad w/Dinner Roll Chef Salad Bento Box Triple Decker Peanut Butter & Jelly Turkey Club Wrap</p>
<p>January 14-15-16-17-18</p>	<p>Fruit & Granola Parfait Chef Salad w/Dinner Roll Fiesta Bento Box Triple Decker Peanut Butter & Jelly Buffalo Chicken Wrap</p>
<p>January 22-23-24-25</p>	<p>Fruit & Granola Parfait Garden Salad Tossed with Cheese Egg & Muffin Bento Box Triple Decker Peanut Butter & Jelly Tuna Salad Wrap</p>
<p>January 28-29-30-31</p>	<p>Fruit & Granola Parfait Turkey BLT Salad Healthy Hummus Bento Box Triple Decker Peanut & Jelly Chicken Caesar Wrap</p>



Menu is subject to change without any notice!

***Sides Offered Daily With
 Lunch Choices***

Fresh Vegetables,
 Specialty Made Salads,
 Assorted Fresh Fruits or
 Canned Fruits